



MINDFUL THERAPIES

Therapy Services Fee Agreement

Mindful Therapies is a private fee-for-service mental health clinic. Unfortunately, our services are not covered by provincial health care. Many extended (personal insurance) health care plans offer funding for private psychotherapy services; it is the responsibility of each client to understand the nature and extent of their service plan. Please ask our administrative staff if you have questions regarding our direct billing.

Please note: Extended health care plans (i.e., personal insurance) **DO NOT** cover missed or late cancel appointments. All appointments missed or cancelled with insufficient notice are charged a full session fee and it is the client's responsibility to pay this fee out of pocket.

Our session fees vary based on the type of service, and service length you receive. Our fee structure is as follows:

Psychology:	Individual Visit (50 min session, 10 minute admin)	\$180/hour
	Assessment Services (time varies)	\$200/hour
Social Work:	Individual Visit (50 minute session, 10 minute admin)	\$125/hour
	Couples Visit (75 minute session, 15 minute admin)	\$185/90 min
Group Therapy:	Varies based on number of sessions, session length, and facilitator(s).	

24-hour Cancellation Policy: We require a minimum of 24 hours' notice to cancel an appointment. Email reminders for appointments are sent out with 48 hours advance notice to allow clients time to cancel if needed. Appointments for Monday must be cancelled on the Friday (previous business day) before.

Please indicate your understanding of the fees and policies outlined above. If you have any questions or concerns, please speak with one of our administrative staff or your therapist before you sign this form.

I have read, understood and agree to all terms of this form.

Client Signature

Date